

# SCIENTIFIC-PRACTICAL CONFERENCE WITH INTERNATIONAL PARTICIPATION

### **MYOPIA DAY - 2ND EDITION**

Socio-Cultural University Complex, Str. Nicolae Testemițanu 25, Chișinău October 2-3, 2025

October 2, 2025 (Thursday)

### LARGE CONFERENCE HALL - 2<sup>nd</sup> Floor

08:00 - 09:00 Registration

09:00 - 09:30 Opening Ceremony

**Emil Ceban**, Rector of SUMF "Nicolae Testemiţanu,", Dr. hab. med., university professor, corresponding member of the Academy of Sciences of Moldova

**Eva Gudumac**, Dr. hab. med., university professor, academician of the Academy of Sciences of Moldova, Honored Person, vice president of the Academy of Sciences of Moldova, director of the National Scientific-Practical Center of Pediatric Surgery "Acad. Natalia Gheorghiu", Department of pediatric surgery, orthopedics and anesthesiology "Natalia Gheorghiu"

**Victor Lacusta**, Dr. hab. med., university professor, academician of the Academy of Sciences of Moldova, Honored Person, head of the Department of alternative medicine

**Lilia Dumbrăveanu**, Ph.D. MD, associate professor, head of the Department of ophthalmology and optometry, chair of the Scientific Committee of the Modovan Association of Orthokeratology and Management of Myopia

**Stela Adauji**, Dr. hab. med., associate professor, head of the Department of social pharmacy "Vasile Procopişin", head of the continuing medical education Department

**Angela Cazacu Stratu,** PhD MD, MPH, associate professor, Department of preventive medicine, vice-dean of the Faculty of medicine, program study public health

**Valeriu Cușnir**, Dr. hab. med., university professor, head of ophthalmology Clinic, president of the Glaucoma and Eye Inflammation Society from Republic of Moldova

**Rodica Bîlba**, Ph.D. MD, head of the medical studies of the Department of ophthalmology and optometry, president of the Moldovan Association of Orthokeratology and Myopia Management

**Moderators:** Prof. Sandra Blok, Prof. Langis Michaud, Assoc. Prof. Lilia Dumbrayeanu

### 9:30 - 10:15

**Lecture:** Myopia Management - how clinical practice moved from treating myopia as an uncorrected refractive error to a condition that can lead loss of vision.

Prof. Sandra Blok (USA) - President, World Council of Optometry.

### 10:15 - 11:15

Lecture: Literature Review

Prof. Langis Michaud (Canada) - Professor, École d'optométrie of the Université de Montréal

#### 11:15 - 11:45

**Coffee Break with Sponsors** 

**Moderators:** Prof. Marino Formenti, Prof. Antonio Calossi, Prof. Valeriu Cușnir, PhD MD Rodica Bîlba, OD Patrik Simard, OD Ana Maria Sochirca

#### 11:45 - 12:30

**Lecture:** Myopia management based on the best evidence Prof. Antonio Calossi (Italy) - Professor, Florence University

### 12:30 - 13:00

**Lecture:** One Child at a Time: Case Discussion Prof. Marino Formenti (Italy) - President, International Academy of Orthokeratology and Myopia Control



13:00 - 13:30

Lecture: Digital Device Use in Children: What Should We Really Tell

Parents?

OD Patrick Simard (Canada) - Member of the Board of Directors, American Academy of Orthokeratology and Myopia Control

13:30 - 14:00

Lecture: From Theory to Practice: The Montreal Experience Model OD Ana Maria Sochirca (Canada)

14:00 - 14:30

**Lunch Break with Sponsors** 

**Moderators:** OD Juan Bolivar, PhD OD Jaume Paune, PhD MD Rodica Bîlba, PhD MD Vera Chiriac

14:30 - 15:00

**Lecture:** Myopia Control with Ortho-k: How to Improve Efficacy PhD OD Jaume Paune (Spain) - Vice President, European Academy of Orthokeratology and Myopia Control

15:00 - 15:45

Lecture: Orthokeratology Fitting: From Start to Finish - Topography,

Fluorescein, Mistakes, and Tips

**Real-time Investigations** 

OD Juan Bolivar (Spain) - Member of the Board of Directors, European Academy of Orthokeratology and Myopia Control

Academy of Orthokeratology and Wiyopia Con

15:45 - 16:15

**Sponsor Presentations:** 

Sponsor Presentation: SwissLens (Switzerland), OD Pierre Brémont

Sponsor Presentation: Oculus (Germany), PM Kai Mothes

Sponsor Presentation: ESW Vision (France), Ing., MBA Peter Baranovič

Sponsor Presentation: CSO (Italy), IT Claudio Baglini

Sponsor Presentation: Uraga (Lithuania), CEO Andrius Gricius

16:15 - 16:35

**Coffee Break with Sponsors** 



**Moderators:** MD Daniela Goicea, PhD MD Vera Chiriac, OD Pierre Brémont, OD Pascal Blaser

16:35 - 17:05

**Lecture:** Common Issues in Orthokeratology and Why? OD Pierre Brémont (France) - Member of the Board of Directors, European Academy of Orthokeratology and Myopia Control

17:05 - 17:50

**Lecture:** Focus on the Patient: Advancing Myopia Care with Patient - Oriented Strategies

OD Pascal Blaser (Switzerland) - Medical Director, DACH and Global Professional Affairs Manager, Myopia

### 17:50 - 18:30

**Lecture:** Where Do Combined Therapies Stand in Myopia Management? MD Daniela Goicea (Romania) - Coordinator of the Southeastern Europe Section, European Academy of Orthokeratology and Myopia Control

### SMALL CONFERENCE HALL, EXPO AREA - 1st Floor

Moderators: PhD MD Iulia Lopata, OD Nastiuc Sabina, OD Cristina Popusoi

14:30 - 16:15

**Workshop:** The Eye in Your Hands: Ophthalmoscopy, Tonometry, and Recognition of Inflammatory Pathologies of the Anterior Segment - Focus on Myopic Patients

PhD MD Iulia Lopata & OD Sabina Nastiuc (Moldova)

### **October 3, 2025 (Friday)**

## LARGE CONFERENCE HALL - 2nd Floor

Moderators: OD Lorcan Butler, PhD MD Vera Chiriac, OD Errica Porada

08:30 - 11:00

**Interactive Clinical Workshop** - Dodgy Looking Discs - You've got some Nerve!



OD Lorcan Butler (UK) - Neuro-optometrist, Fellow of the European Academy of Optometry and Optics

**Lecture:** Maximising OCT in the differential diagnosis of papilloedema from pseudopapilloedema

OD Lorcan Butler (UK) - Neuro-optometrist, Fellow of the European Academy of Optometry and Optics

**Lecture:** 4 Paediatric Neuro Optometric Presentations you cannot afford to miss

OD Lorcan Butler (UK) – Neuro-optometrist, Fellow of the European Academy of Optometry and Optics

### 11:00 - 11:30

**Coffee Break with Sponsors** 

**Moderators:** Assoc. Prof. Lilia Dumbrăveanu, PhD MD Rodica Bîlba, Prof. Brendan Barrett, Prof. Lagis Michaud, Prof. Valeriu Cușnir, OD Sandro Sciacca

### 11:30 - 11:45

**Presentation:** The Achievements of Optometrists in Moldova Assoc. Prof. Lilia Dumbrăveanu (Moldova) - Head of the Department of ophthalmology and optometry SUMF "Nicolae Testemiţanu"

#### 11:45 - 12:30

**Lecture:** Detection and significance of uncorrected refractive error in school children

Prof. Brendan Barrett (UK) - Co-Chair of the European Qualifications Board, European Council of Optometry and Optics (ECOO)

### 12:30 - 13:30

**Lecture:** What do we know about myopia mechanisms and its evolution Prof. Langis Michaud (Canada) - Professor, École d'optométrie of the Université de Montréal

### 13:30 - 14:00

**Panel:** Ophthalmologist and Optometrist - Two Perspectives, One Common Goal

PhD MD Rodica Bîlba (Moldova) - Head of the medical studies, Department of ophthalmology and optometry SUMF "Nicolae Testemiṭanu"



President, Moldovan Association of Orthokeratology and Myopia Management

OD Sandro Sciacca (Italy) - President, European Academy of Orthokeratology and Myopia Control

14:00 - 14:30

**Lunch Break with Sponsors** 

**Moderators:** Prof. Langis Michaud, PhD MD Vera Chiriac, PhD MD Iulia Lopata, PhD MD Cristina Pac, OD Ana Maria Sochirca

14:30 - 15:00

**Lecture:** Evaluation of tear film stability and meibomian glands functionality after multi-session IRPL treatment

PhD MD Cristina Pac (Romania)

15:00 - 15:30

Lecture: Case Report Presentations

Prof. Langis Michaud Professor, École d'optométrie of the Université de

Montréal & OD Ana Maria Sochirca (Canada)

15:30 - 16:00

Lecture: Refractive Surgery and Myopia: Clinical Perspectives and Outcomes

PhD MD Vera Chiriac (Moldova)

16:00 - 16:30

**Coffee Break with Sponsors** 

16:30 - 17:00

Lecture:

Obscurational Myopia in Partial Congenital Cataracts

Prof. Nadya Bobrova (Ukraine) - Departamentul de Oftalmologie Pediatrică la Filatov Institute of Eye Diseases and Tissue Therapy, Odessa

17:00 - 17:30

Lecture: How AI Can Be Used in Myopia Diagnosis and Control



Prof. Andrzej Grzybowski (Poland) - Head of the Department of Ophthalmology

University of Warmia and Mazury in Poland.

17:30 - 18:00

Awards Ceremony: Best Poster, Best Myopia Box, Best Eye Painting

18:00

**Closing Ceremony** 

20:00

Gala Dinner

### SMALL CONFERENCE HALL - Ground Floor

**Moderators:** MD Elena Chisleacova, MD Irina Rotaru, OD Stelian Curca, OD Cristina Coșula

08:30 - 11:00

**Workshop:** Refraction and Binocular Vision in Myopia Management Prof. Marino Formenti & OD Chiara Pastorelli (Italy)

Hands-on session with optometric equipment

### **EXPO AREA - 1st Floor**

**Moderators:** OD Cristina Coșula, OD Ecaterina Macarenco, OD Nastiuc Sabina, OD Stelian Curca

14:30 - 15:00

Workshop: All About SwissLens

OD Lisa Kurischev & OD Pierre Brémont (SwissLens, Switzerland)

**Moderators:** OD Cristina Coșula, OD Ecaterina Macarenco, OD Nastiuc Sabina, OD Errica Porada

15:30 - 16:00

**Workshop:** Ocular Surface - Patient Experiences

Ing. MBA Peter Baranovič & PhD MD Cristina Pac (ESW Vision, France)